

## **Nondiscrimination and Language Assistance Notice**

Discrimination is Against the Law

Quality Care Chiropractic and Wellness complies with applicable Federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, or sex (consistent with the scope of sex discrimination described at 45 CFR § 92.101(a)(2)). Quality Care Chiropractic and Wellness does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

Quality Care Chiropractic and Wellness:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact Dr. Joshua Thiede at 715-785-5006.

If you believe that Quality Care Chiropractic and Wellness has failed to provide these services or discriminated in another way based on race, color, national origin, age, disability, or sex, you can file a grievance with: Dr. Joshua Thiede, Phone: 715-785-5006 and Fax: 715-785-5190, Email: [admin@qualitycarechiropractic.org](mailto:admin@qualitycarechiropractic.org), Address: 1034 W Broadway Ave Medford, WI 54451.

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Dr. Joshua Thiede is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This notice is also available at Quality Care Chiropractic and Wellness's website: